

Before Coming to Class

- Check Blackboard and email to make sure professor hasn't sent out any assignments or homework
- If PowerPoints are posted, read over them
- If reading is assigned, skim it
- Take notes of anything that doesn't make sense. Pay extra attention for those topics during class.







In Class





- Even if the notes are online, still write them down
- Color code and high light notes
- Write down as much of what the professor says



Jot down questions. Either ask your SI (Supplemental Instructor) or your professor after class. Then write down the explanation to study later.







After Class

- Type your written notes (in your own words) and compare them
- Make flashcards if necessary



 Create a checklist of everything that you need to do to for the next week















- Purchase some sort of a planner
- Write EVERYTHING down including tests, quizzes, SI sessions, when assignments are due, projects and anything else that you will need to remember later



- Use different colors for different classes
- Use the monthly and weekly pages
- If you forget about your planner, or can't keep track of it put the
 dates in your phone and set a reminder for the day before the
 assignment is due.













- Keep your work area or desk clean
- Look and your planner and checklist and prioritize who you need to do



- Do the work for you least favorite classes first
- Log out of social media and silence your phone









While Studying





- If you are in your room, make sure you and your roommat have agreed on terms about when the other one is studying
- Make a list of questions you have about anything
- Take breaks
- Study in groups
- If you find yourself easily distracted, relocate. The library of study hall are both quiet and distraction free.













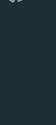
- If you have any questions, talk to your professor
 - You can go to their office during office hours
- Don't be afraid to go to tutoring or SI sessions



- Reward yourself for a job well done
- When you think you've mastered a topic, see if you ca teach it back to someone else



















 Without sleep, you will begin to lack in more areas that just school













Syllabus





- All due dates and expectations are listed for you
- If you have any questions, refer to the syllabus first











Procrastination



- Try to prepare for class 2-3 days in advance
- Have set aside study time planned into your day
 - set manageable goals, and reward yourself once you ha reached them. Chocolate is a great incintive!
- Buckle down & learn to say no







